

PRO-RELEVE

- Superior joint mobility
- Reduce pain, stiffness, and inflammation of joints
- Help build synovial fluid and cartilage
- Maintain strong bone density
- Enhance exercise performance and recovery



Formulated with a superior blend of time-honored ingredients in an effervescent powder, **Pro-Relieve** mixes effortlessly with water for an easy-to-assimilate, fast-acting supplemental beverage. At only 60 calories per serving, you'll love the great-tasting citrus flavor of **Pro-Relieve**.

With optimal dosages of prized ingredients known for the ability to enhance joint health and provide comfort fast, **Pro-Relieve** is the ideal choice.

MSM, an organic sulfur, is essential to your overall health and can help you feel better and look younger. Continually used by the body to create new healthy cells, MSM plays a vital role in maintaining healthy connective tissues, which is crucial to joint health. Plus, MSM promotes healthy skin, hair and nails, supports mental awareness, and can help your body fight the affects of stress.

While most supplements contain up to 1000 mg of MSM, **Pro-Relieve provides you with 4000 mg.**

Pro-Relieve contains 1500 mg of Glucosamine. Numerous studies show a dosage of 1500 mg of **Glucosamine** per day is ideal for increasing joint function and mobility, as well as assisting in the maintenance of healthy cartilage. Glucosamine stimulates the production of hyaluronic acid, which keeps your joints hydrated.

Pro-Relieve contains 1000 mg of Chondroitin Sulfate. **Chondroitin, a primary constituent of cartilage, is associated with maintaining healthy joints and cartilage, providing added comfort.** Studies indicate that Chondroitin may be helpful in reducing joint stiffness and inflammation, as well as slow the progression of arthritis.

400 mg of Calcium with 500 IU of Vitamin D (included in the formula) gives your bones the nourishment they crave with a daily dose of Calcium.

PRO-VIDA A High Protein & High Fiber Meal

- 20 grams of Whey Protein
- 8 grams of Soluble Fiber
- Rich in Essential Vitamins, Minerals, and Amino Acids
- Contains the fat burning amino acid Carnitine



According to the center for Disease Control and Prevention, **obesity has increased** by 60% within the past 20 years and **obesity in children has tripled** in the last thirty years. Obesity-related deaths have climbed to more than 300,000 a year.

The **Pro-Vida High Protein Meal** was designed specifically to provide an all-natural, healthy solution to the weight and management problems we all face everyday.

Pro-Vida is available in delicious Dutch Chocolate or Creamy French Vanilla flavor with only 108 calories per serving.

PRO-FORMA

- Enhance sexual desire
- Elevate energy levels
- Boost stamina
- Reduce stress
- Improve exercise performance and results
- Increase sense of well-being



If you desire more energy to help get through your day, an increase in libido to rev up your love life, and more visible results from your workout routine, then you need **Pro-Forma** with Young Tissue Extract (YTE).

This amazing supplement is the latest breakthrough extract that some are calling the Norwegian *anti-ageing* miracle.

YTE is an all-natural extract from pre-embryonic, fertilized chicken eggs. While you may be thinking you can boost your egg intake to get these effects, think again.

YTE is special because the eggs are fertilized, which activates cellular growth and the development of highly specific amino acids linked by glycopeptides.

Pro-Forma promotes sexual health. With a daily dosage of **Pro-Forma**, your mood, energy levels, and desire for sex can be greatly enhanced.

A study conducted in Norway on 16 middle-aged men with low sex drive showed YTE's ability to increase libido. The participants were given YTE for three weeks, followed by a placebo for three weeks, and were asked to rate their level of sexual desire on a ten-point visual analogue scale. The results clearly indicate that sexual desire increased with YTE, when compared with taking the placebo.

Pro-Forma supports overall fitness. Adding **Pro-Forma** to your fitness regimen may prove beneficial in helping you experience improved results from your workout routine, sustained energy during exercise, and shortened restitution time. A six-week, double-blind study was conducted at the University of Colorado with a total of 32 participants, both male and female, and produced promising results. Nearly all participants reported substantial increases in:

- Energy
- Muscle Definition
- Muscle Strength
- Fat Reduction

PRO-WASABI Liver Detox Formula

- Safe and effective liver cleanse
- Support healthy liver function
- Boost immunity
- Enhance vitality
- 100% all-natural



Headaches, fatigue, gas, poor digestion, insomnia, high cholesterol. These are just some of the symptoms you may experience if your liver is working overtime. Every day, we take in toxic substances from our water, food, and the environment. It's no surprise that millions of Americans are battling liver disease, and some don't even know it!

The liver is our ultimate cleanser, assisting the body in the breakdown and removal of these harmful substances. It's easy to understand why a healthy liver is essential to a healthy body.

Pro-Wasabi to help you ensure your liver is working at its optimal.

- Supports Phase I and II Liver Detoxification
- Assists the liver in breaking down toxins

Wasabi Japonica contains potent phyto-nutrients that assist the liver in detoxification. Specifically, the presence of both glucosinolates and the enzyme myrosinase allow for the formation of isothiocyanates, which are responsible for inducing specific enzymes necessary for Phase II detox of the liver's fatty tissues.

Pro-Wasabi is made with WasabiSol, and no other supplement can deliver the same level of isothiocyanates to the liver. WasabiSol is derived from hydroponically-grown wasabi rhizomes and harvested when the active compounds are at their peak levels. **Pro-Wasabi's** soft gel form allows for maximum absorption and ensures proper activation of the enzyme in the digestive tract.

QUITOXA Supports Healthy Liver Function

- Promotes liver regeneration and cleansing
- Enhance immune system
- Increase energy
- Restore vitality



If you feel fatigued, bloated and walk around with a foggy head, it could be a sign that your liver is not functioning optimally. You are exposed to toxins everyday, whether from the environment or your sources of food or water, and your liver is left to the challenge of ridding your body of these substances to ensure your health.

But what happens if it is too much of an overload? These toxins can be released in the bloodstream, leaving you susceptible to a number of undesirable symptoms and putting your overall health at risk.

With **Quitoxa**, you can assist the liver in eliminating wastes and fat thus providing a healthier, more functional liver with one of the best detox formulas available.

Quitoxa is 100% natural, safe, gentle and effective. **Quitoxa** is a precisely formulated supplement with botanicals and herbs that include: Milk Thistle, Dandelion Root, Artichoke Leaf, and the added benefits of L-Carnitine, Curcumin C Complex, and more.

LIQUAVITA Liquid Vitamins

- Low glycemic and diabetic friendly
- Formulated in liquid form for highest assimilation
- 16 supercharged vitamins in every serving
- Loaded with amino acids and vitamins B6 & B12
- Great tasting passion fruit flavor



Vitamins are more than necessary to sustain good health. They are part of the essential building blocks of life. **LiquaVita** is a complete multivitamin formula that combines high potency vitamins with, essential amino acids, minerals, antioxidants, plus Gingo Biloba. Sweetened with xylitol and stevia.

COQ-VIDA (COQ10)

- Heart failure
- Kidney failure
- Migraine
- Cardiomyopathy
- Weight loss
- Diabetes
- Parkinson's Disease
- High blood pressure
- Gum Disease
- Heart attack prevention & recovery
- Counteracts prescription drug effect



CoQ10 is a naturally-occurring compound found in every cell in the body. **CoQ10** plays a key role in the mitochondria, the part of the cell responsible for the production of energy in the form of ATP. *ATP is the main source of usable energy for the activities of the cells*

CoQ10 levels are reported to decrease with age and to be low in patients with some chronic diseases, such as heart conditions, muscular dystrophies, Parkinson's disease, cancer, diabetes, and HIV/AIDS. Some prescription drugs may lower levels of CoQ10.

CoQ-Vida is an excellent source of Coenzyme Q (CoQ10) formulated for maximum absorption and bio-availability to support healthy cell function.

ARGINOL FUSION Cardio-Care Support

- Improves immune response to bacteria, viruses, and tumors
- Crucial in regenerating the liver

Arginol Fusion is one of your best sources of dietary L-Arginine, L-Citrulline, and Vitamin D. Considered to be an immune system nutrient, L-Arginine has been found to be a powerful circulatory stimulant with a range of benefits. An important ingredient in the production of Nitric Oxide (decreases considerably as we age) and Human Growth Hormone, the Physician's Desk Reference cites Arginine as a vital amino-acid that plays an important role in:



- Promotes wound healing by repairing tissues
- A key component in the release of growth hormones
- Promotes muscle growth
- Improves cardiovascular functioning

PRO-LEVIA

- Helps body tissues retain moist
- Helps to Keep joints lubricated
- Helps to protect the retina
- Helps to keep skin smooth and elastic



Pro-Levia is a dietary supplement containing 9% low molecular weight Hyaluronic Acid for oral consumption that works hand-in-hand with **Pro-Relieve**.

As we age, fine lines start to bracket our mouth and radiate out from the corners of our eyes. These early aging signs get more noticeable as our skin gets dryer and less elastic over time. When the amount of hyaluronic acid (HA) in the skin tissues decrease due to aging, the water retention and resilience of skin will be lost, thereby causing rough skin, and fine wrinkles.

Hyaluronic Acid is believed to help ward off the aging process by helping the tissues of the body to retain moisture, keeping joints lubricated, protecting the retina, and keeping skin smooth and elastic.

The largest amount (approx. 50%) of HA in our body resides in skin tissue. Hyaluronic Acid-containing dietary supplements from natural sources such as rooster combs, will help compensate for the decline in HA associated with aging.

*These statements have not been evaluated by the Food and Drug Administration. These statements and the products of this company are not intended to diagnose, treat, cure or prevent any disease. Consult your physician before taking this product.

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Bella Vida



"EXPERIENCE THE DIFFERENCE"

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**High Quality Supplements
With A Dedication To Excellence
& Quality That Is Unparalleled
In Today's Marketplace**